



EMPOWERING WOMEN

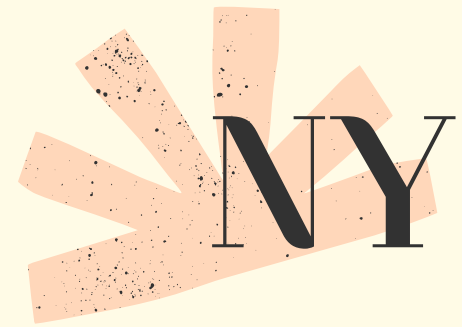
**Addressing the Real-Life Issues
Women are Facing**



**32% have experienced
sexual or physical abuse**

**25% of women ages 18-44,
diagnosed with depressive
disorder**

**20% report frequent,
significant mental distress**



Women's Needs

Healing happens in Relationship

33% of the healing is the
healthy relationship





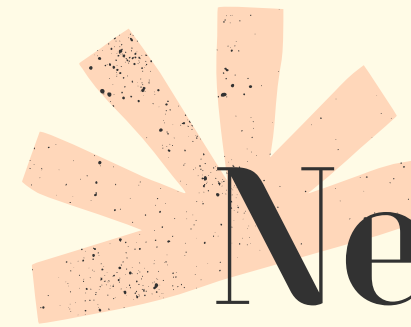
“Give me a
drink”

Jesus knew how to minister to women

John 4

Longest conversation recorded
between Jesus and any person

15 Shame Functions



**Need:
Shame
Wound**

Rescuing

Fixing

People Pleasing

Overachieving

Inadequate One

Perfectionist

Victims

Martyrs

Addiction

Compulsive One

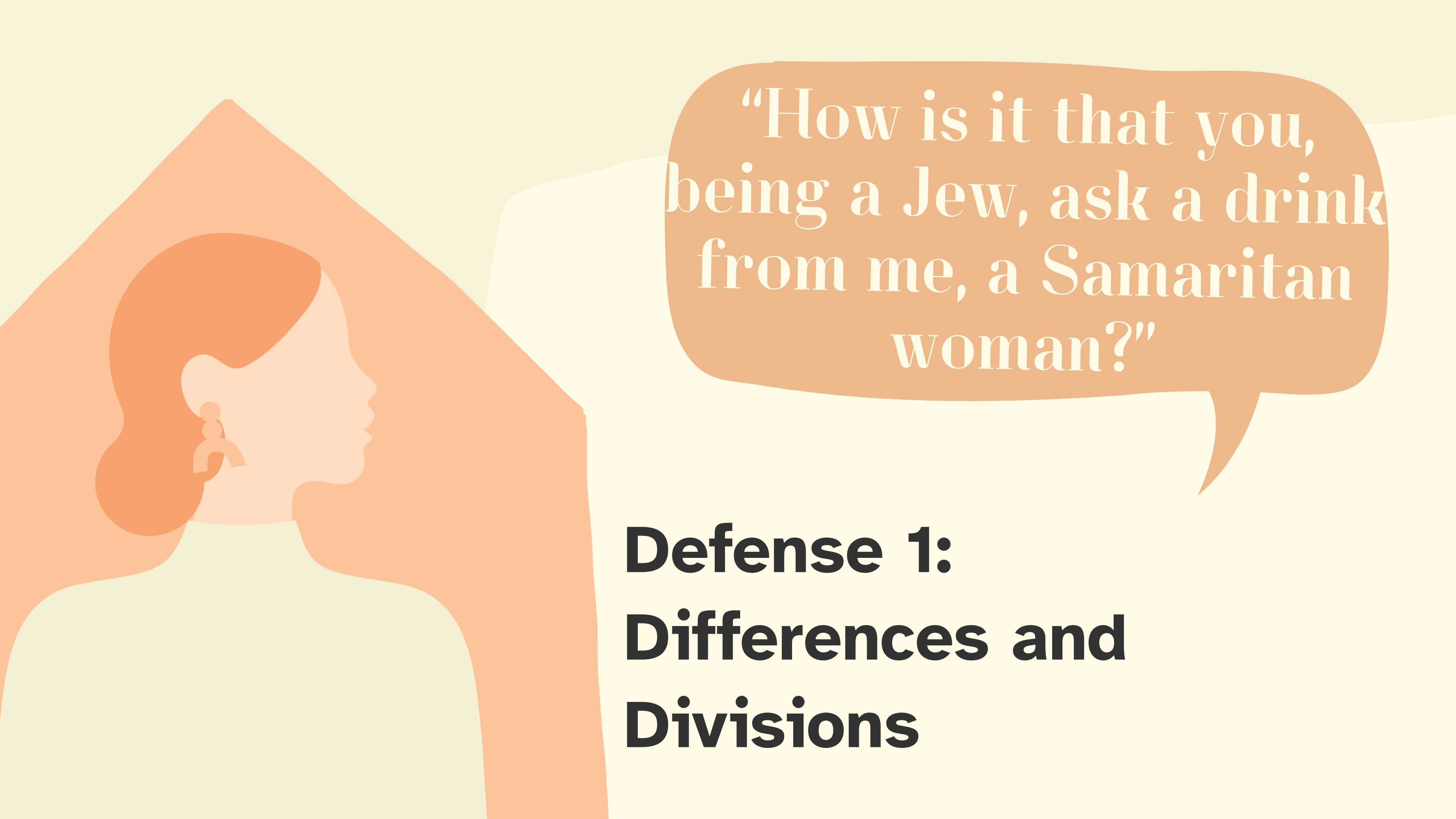
Grandiose Ones

Self Centeredness

Bullies

Abusers

Comedians



*“How is it that you,
being a Jew, ask a drink
from me, a Samaritan
woman?”*

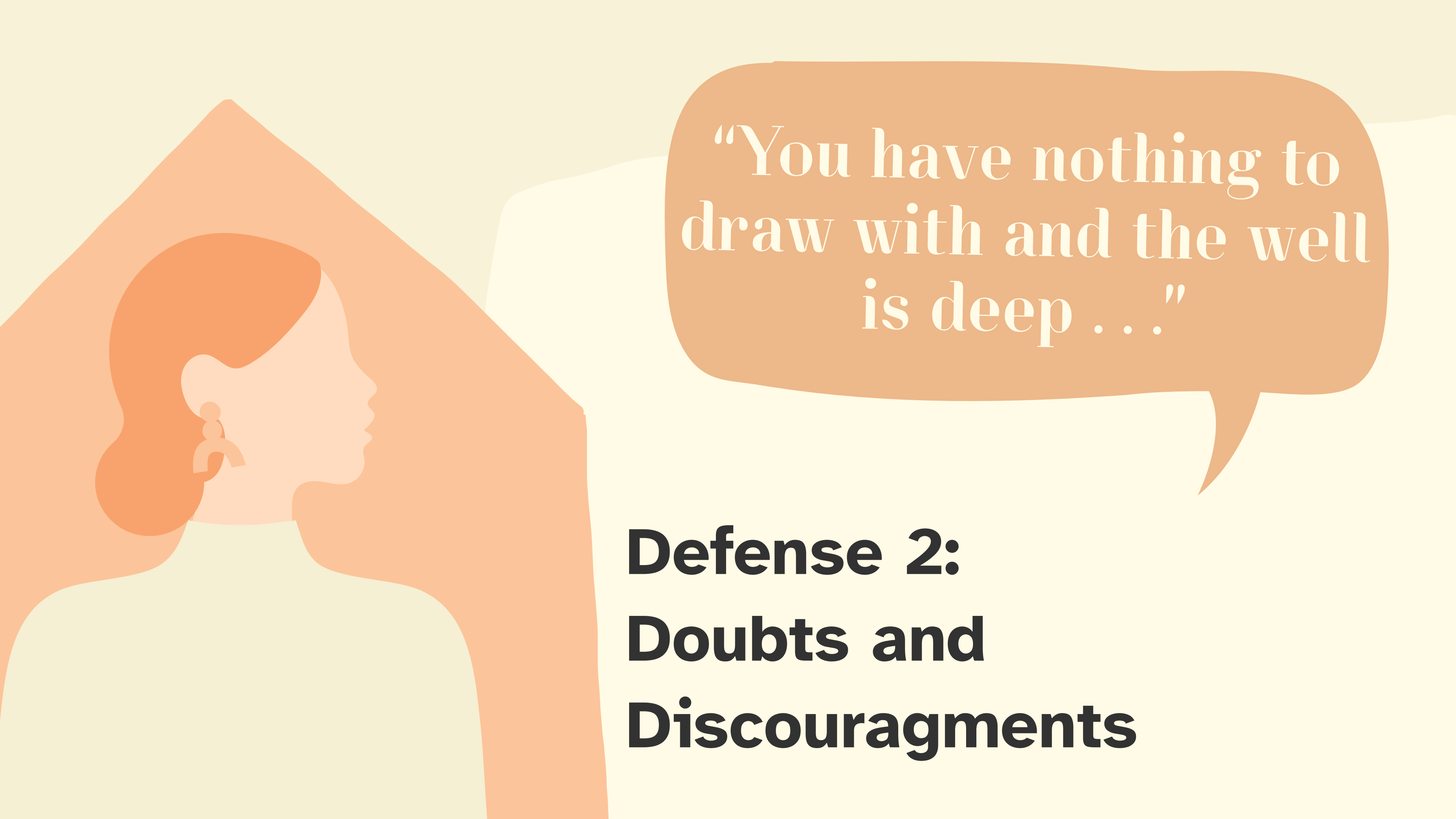
**Defense 1:
Differences and
Divisions**

Jesus had a high level of
differentiation

 **Response:**

**Place Value
Over Her**

“If you **KNEW ME . . .**
you would **ASK ME . . .**
and I would **GIVE YOU . . .**”



“You have nothing to draw with and the well is deep ...”

**Defense 2:
Doubts and
Discouragements**



Response:
The Good
News

Jesus is not offended
when women don't get
Him.

“Whoever drinks of the
water that I give will never
thirst . . . It will become a
fountain springing up into
everlasting life.”

An illustration of a woman's profile in shades of orange and light green. She has dark hair and is wearing a large, light-colored earring. A speech bubble originates from her mouth, containing the text "I have no husband." The background is a light, warm tone.

"I have no husband."

**Defense 3:
Pain of being unknown
and fear of being known**



Response:

Meet Her

with Grace

Jesus invites her to be
known in her shame

KNOW her story

GRACE her story

INVITE her to worship

ENCOUNTER Jesus

Practical Ideas

Community & Relationship

Bible Study Groups

Prayer Groups

Book Clubs

Wellness & Worship Workshop

Serving Groups



Personal Invitation

Testimonies Celebrated





SCAN FOR RESOURCE LIST



WOMEN'S MINISTRY RESOURCES
A Quick Guide for Ministry to Women

Quick Guide for Ministry to Women
Published by: Gospel Publishing House (formerly MyHealth Church)
Get To Get Her
Resources that train and equip women's ministry leaders, practical and engaging.
Available from: women.ag.org

You are the Girl for the Job
For those who believe the God Who Calls You by Jess Connolly
Addresses when gifts and callings are stuck in patterns of insecurity, shame, and comparison. Insights to coach women through steps toward empowered purpose.

Don't Even Like Women
And other lies that get in the way of sacred sisterhood by Natalie Hunion
Even those in the Church often find it hard to trust—let alone love—other women. But when we see one another as refuge, rather than an enemy, we can delight in God's life-giving design for sacred sisterhood.

Wounded Heart
By Dan Alvidge
For those who have experienced childhood sexual abuse and those who love and care for them, The Wounded Heart offers a tender, compassionate window into the psychological effects of abuse and the theological foundation for healing.

Changes that Heal
by Henry Cloud
A down-to-earth plan to help us recover from the wounds of the past and grow more and more into the image of God.

Love is a Choice
by Mairith, Meier and Henslett
Research and biblical wisdom to show the most effective means of overcoming codependent relationships and establish deeper relationships with Christ.
Forgiving What You Can't Forget
by Lucia T. Hagedorn
For those stuck in a cycle of unresolved pain, how to let go of bound-up resentment and overcome the resistance to forgiving people who aren't willing to make things right.

Hidden Feet on Holy Ground
by Hannah Humard
An allegory that points to God's love, addressing needs of identity, fear, shame.

Jesus Today
by Sarah Young
An excellent devotional for women who are suffering and in need of hope.

Love to Life
by Ann Volante
A journey through the passion of John, offers hope and healing through encountering the love of Christ.

Rev. Jaime Barkwell has been involved in church ministry for over 25 years. She has ministered across a wide range of settings and currently serves as the NYMN Women's Director and works as a Mental Health Counselor in her hometown in upstate New York. Jaime is passionate about helping people grow, find healing, and experience freedom. The resources above reflect the tools that have been especially meaningful in her ministry.

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